

# Extracurricular Activities

*A world of possibilities*



For the new school year 2024-2025, we are expanding our offer of extracurricular activities. We have selected new educational experiences, outside of school hours, which have been carefully designed to meet the different interests of our students and thus, explore their talents, awaken their passions and at the same time have a lot of fun!

These activities are designed to complement and enrich our students' academic journey, helping them to reach their full potential. From team sports to martial arts, drama to dance classes and fantastic programmes to explore science, technology and the arts, there is a world of opportunities!



# Menu

## WHAT'S NEW?

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CIT SPORTS CLUB  
CIT BEACH CLUB

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ATTENTION TO DIVERSITY  
PARENTS

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## MEET OUR PARTNERS

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INSCRIPCIÓN/REGISTRO



# What's new?

## Official Music School

This year at CIT we are pleased to announce that our students will have the opportunity to achieve an official music qualification thanks to our collaboration with The Royal School of Music.

The Royal School of Music has a team of highly qualified and dedicated music professionals who encourage students to express themselves through music, sharing a world of sensations and emotions through the language of music.

The subjects offered will be: piano, violin, singing, guitar and drums, all of which will include music language classes in the programme.

They combine exceptional learning techniques with fun classes, keeping students engaged and motivated in their learning process which will lead them to achieve the official European intermediate ABRSM certificate for classical instruments, and the official Rock School certificate for drums and singing.



## **Certificates and Educational Value**

The musical training is focused on obtaining official European certificates, which include both classical and modern options. There are a total of eight levels, and to obtain each level, an examiner conducts an annual examination. The certificates obtained are valid and recognised in Europe, including UCAS points for university admission. The level acquired will enable students to sit the Professional Music Degree examinations at the conservatoire.

## **Timetable**

Classes will start in October, Mondays and Wednesdays from 16:00 to 18:00. The musical language classes will last 1h30/week and the instrument classes 30min/week.

## **Duration and ratio**

Instrument classes will last 30 minutes per week, with a maximum of 3 students per class. Music language classes will be in groups, organised by age and similar levels.





## CIT Sports Club

It is with great excitement that we inform you that we have created a sports club, the Club Deportivo Colegio Torrequebrada. The aim of this club is to federate our students in the different sports areas, thus complementing our extracurricular activities.

## CIT Beach Club

One of the big news this year is our CIT Beach Club. We are very excited to be able to present extracurricular activities on the beach, in collaboration with the Club Náutico de Fuengirola. We will have paddle surfing classes, water adventure classes (surfing, windsurfing, sailing, water polo, paddle surfing) and family days so that all families can enjoy an unforgettable day at the beach!



# AREAS



Arts



Sports



Attention to diversity



Tech



Parents



Personal Development



Languages



BALLET

MUSICAL THEATRE

FLAMENCO

HIP HOP

PIANO

OFFICIAL MUSIC DEGREE

MUSIC AND MOVEMENT

DRAWING AND PAINTING

INSTRUMENTAL INITIATION

OBSERVATIONAL DRAWING AND MURAL DESIGN



# Ballet

PYP<sub>1</sub>-PYP<sub>3</sub>

Classical ballet is taught with exercises that enhance their sense of rhythm, expression, imagination and freedom of movement. It is a complete training, where we work on body positioning, muscle stretching and a wide variety of movements, which create the basis for other styles, such as jazz dance, modern dance and part of contemporary dance.

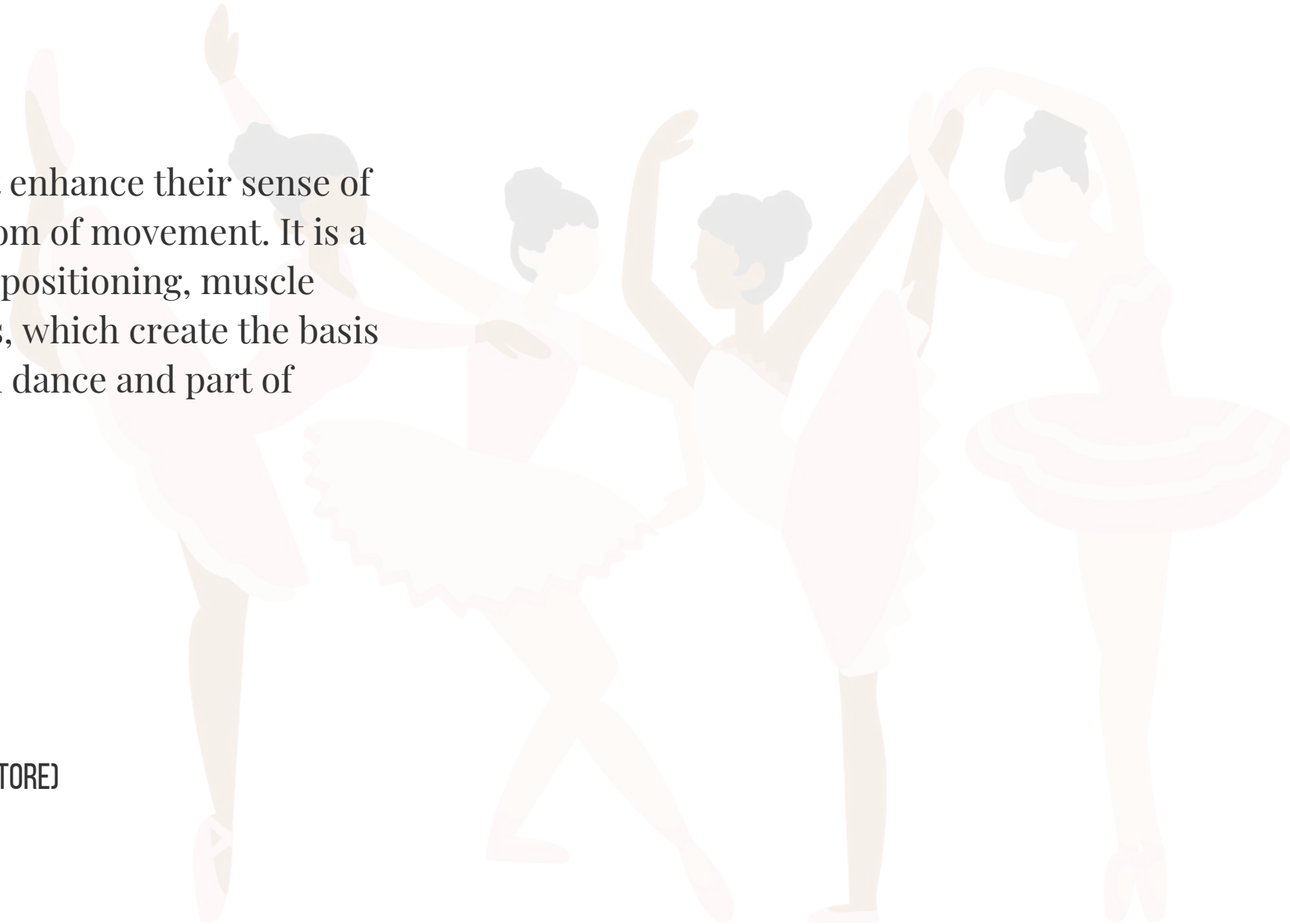
PARTNER/TEACHER- INDANCE STUDIO

PLACE- SCHOOL

EQUIPMENT/MATERIAL- CIT BALLET'S UNIFORM (IN CIT UNIFORM STORE)

SCHEDULE- MONDAY AND WEDNESDAY FROM 16:05-17:00

TERM- 165€ (55€/MONTH)



# Flamenco

PYP1-PYP8/MYP1

It is a very dynamic and fun Flamenco class, where you will learn to position your body, develop your musical ear and improve your coordination through the use of accessories such as castanets, fans and shawls.

PARTNER/TEACHER- CARMEN LEÓN

PLACE- SCHOOL

EQUIPMENT/MATERIAL- FLAMENCO COTHING AND ACCESORIES

SCHEDULE-PYP1-PYP3 TUESDAYS AND THURSDAYS FROM 16:05-17:00 / PYP4-PYP8 AND MYP1 - MONDAYS AND WEDNESDAYS FROM 16:05-17:00

TERM-180€ (60€/MONTH)



# Hip-Hop

PYP4-PYP8/MYP/DP

Hip Hop is an urban style whose guiding principles are body expression and music, where the sense of rhythm is worked in detail. It is a very complete form of expression that works the body at a cardiorespiratory and muscular level, as well as the mind. Throughout the classes we will develop coordination, rhythmic awareness, creativity and self-confidence, concentration and endurance, spatial awareness and choreographic memorisation, with choreographic compositions adapted to the ages.

PARTNER/TEACHER- INDANCE STUDIO

PLACE- SCHOOL

EQUIPMENT/MATERIAL- HIP HOP UNIFORM - OVERSIZE SHIRT AND WIDE TROUSERS

SCHEDULE- **PYP4-PYP8** - TUESDAYS AND THURSDAYS FROM 16:05-17:00 / **MYP1-DP2** - TUESDAYS AND THURSDAYS FROM 17:00-18:00

TERM-165€ (55€/MONTH)



# Musical theatre

PYP4-PYP8/MYP/DP

Our after-school musical theatre class for children is an enriching experience that combines singing, acting and dancing. Children work as a team to create vibrant and exciting performances, developing stage skills and building confidence. Through theatre games and creative exercises, they learn to express themselves, collaborate with their peers and enjoy the art of musical theatre. This class not only encourages creativity and discipline, but also promotes fun and fellowship in a safe and stimulating environment - come and discover the magical world of musical theatre with us!

PARTNER/TEACHER- INDANCE STUDIO

PLACE- SCHOOL

EQUIPMENT/MATERIAL- SPORTS UNIFORM

SCHEDULE-**PYP4-PYP8** - TUESDAY FROM 16:05-17:30 / **MYP1-DP2** THURSDAY FROM 16:05-17:30

TERM-216€ (72€/MONTH)



# Music and Movement

PYP<sub>1</sub>-PYP<sub>3</sub>

The aim is to develop musical and social skills in the students. We use the Dalcroze method, which combines music, body movement and singing in an integrated approach.

The class includes various types of activities, such as rhythmic games with small percussion instruments, musical stories and gestural musicograms.

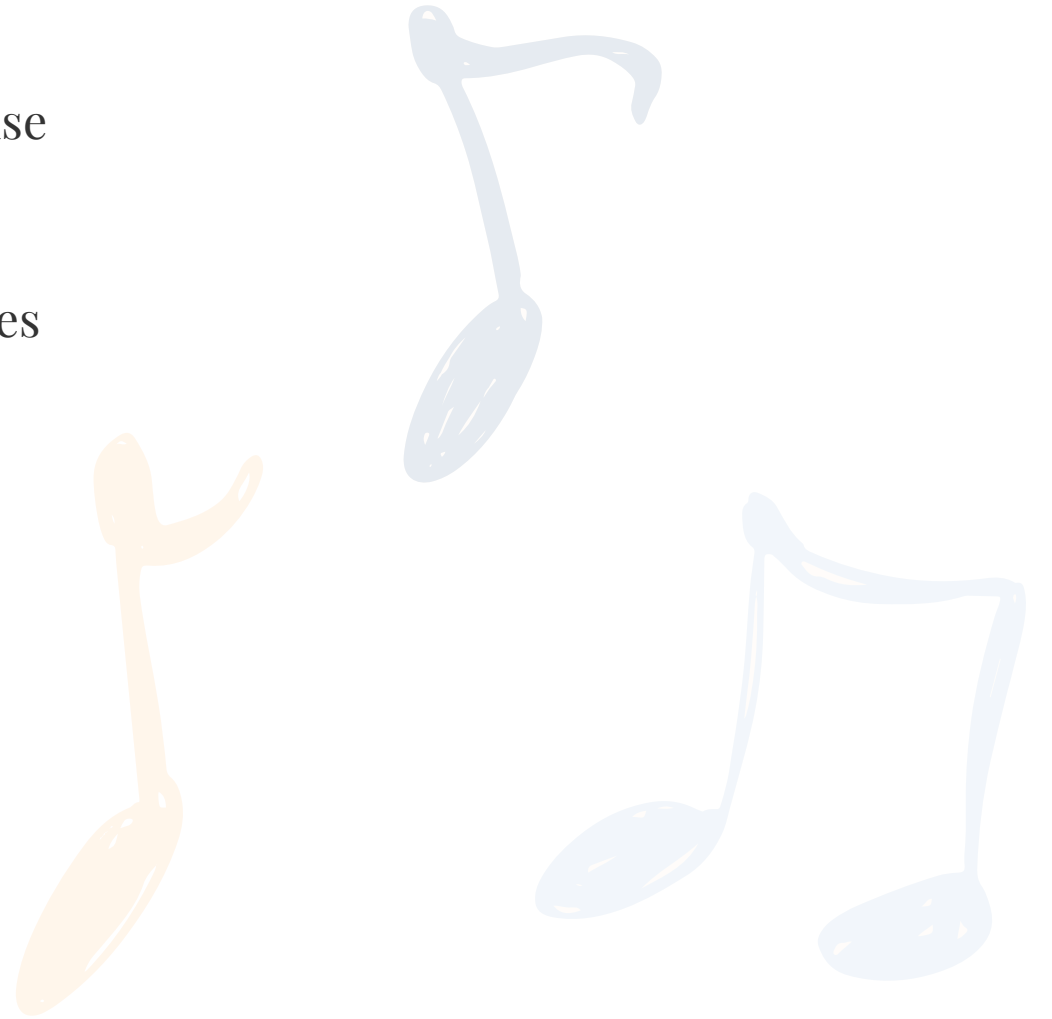
PARTNER/TEACHER- ROYAL SCHOOL OF MUSIC

PLACE- SCHOOL

EQUIPMENT/MATERIAL- GRANTED BY ROYAL SCHOOL OF MUSIC

SCHEDULE- MONDAY AND WEDNESDAY FROM 16:05-17:00

TERM-195€ (65€/MONTH)





# Piano

PYP4-PYP8/MYP/DP

Students will learn basic notions of musical language so that they will be able to read music scores. On the other hand, different aspects related to piano technique will be put into practice, such as: proper orientation on the keyboard, finger numbering, scales and chords, learning and reading songs both individually and in groups.

PARTNER/TEACHER- MR. JUAN CARLOS

PLACE- SCHOOL

EQUIPMENT/MATERIAL- GRANTED BY THE TEACHER

SCHEDULE- TUESDAYS AND THURSDAYS FROM 16:05-17:00

TERM-270€ (90€/MONTH)



# Violin, vocals, guitar, piano and drums

Official music degree

## PYP5-PYP8/MYP/DP

In collaboration with the Royal School of Music, our students will have the opportunity to take the official qualifications in these instruments. There will be two classes per week, one of instrument and the other of musical language. The instrument classes will have a maximum of 3 students per class, so that the teaching is as personalised as possible, and the musical language classes will be in groups, organised by age and similar levels. The Royal School of Music has exceptional learning techniques and fun classes, keeping students engaged and motivated as they progress steadily towards obtaining European certificates. The musical training will focus on obtaining official European certificates, there are a total of 8 levels, and to obtain each one, an examiner conducts an annual examination. To organize the classes and schedule we will need to know the preferred instrument and the level of students through a form that will be sent later.

**PARTNER/TEACHER- ROYAL SCHOOL OF MUSIC**

**PLACE- SCHOOL**

**EQUIPMENT/MATERIAL- BOOKS AND CLASSROOM SUPPORT MATERIALS WILL BE INCLUDED IN THE REGISTRATION FEES**

**SCHEDULE- MONDAYS FROM 16:05-17:00 AND WEDNESDAY A HALF HOUR CLASS WHICH CAN BE FROM 16:00-16:30/ 16:30-17:00 /17:00-17:30 /17:30-18:00 DEPENDING ON AGE, INSTRUMENT AND LEVEL**

**REGISTRATION-55 EUROS (INCLUDES INSTRUMENT BOOKS, MUSIC THEORY MATERIALS, A STUDY BOOKLET AND SHEET MUSIC FOR THE SCHOOL YEAR)**

**TERM-354€ (118€/MONTH)\* THE EXAMS FEE SHALL BE PAID SEPARATELY**

# Violin, vocals, guitar, piano and drums

## Instrumental initiation

### PYP4

In collaboration with the Royal School of Music, our students will have the opportunity to learn to play an instrument. This extracurricular programme will have two classes per week, one of instrument and the other of musical language. The instrument classes will have a maximum of 3 students per class, so that the teaching is as personalised as possible, and the musical language classes will be in groups, organised by age and similar levels. The Royal School of Music has exceptional learning techniques and fun classes, keeping students engaged and motivated. To organize the classes and schedule we will need to know the preferred instrument and the level of students through a form that will be sent later.

PARTNER/TEACHER- ROYAL SCHOOL OF MUSIC

PLACE- SCHOOL

EQUIPMENT/MATERIAL- BOOKS AND CLASSROOM SUPPORT MATERIALS WILL BE INCLUDED IN THE REGISTRATION FEES

SCHEDULE- MONDAYS FROM 16:05-17:00 AND WEDNESDAY A HALF HOUR CLASS WHICH CAN BE FROM 16:00-16:30 OR 16:30-17:00 DEPENDING ON INSTRUMENT AND LEVEL

REGISTRATION-55 EUROS (INCLUDES INSTRUMENT BOOKS, MUSIC THEORY MATERIALS, A STUDY BOOKLET AND SHEET MUSIC FOR THE SCHOOL YEAR)

TERM-354€ (118€/MONTH)\* THE EXAMS FEE SHALL BE PAID SEPARATELY

# Drawing and Painting

PYP<sub>3</sub>-PYP<sub>8</sub>

We introduce children to the world of drawing and painting, developing fine motor skills through different techniques and materials.



PARTNER/TEACHER- MISS AMY

PLACE- SCHOOL

EQUIPMENT/MATERIAL- CLASSROOM SUPPORT MATERIALS WILL BE INCLUDED IN THE REGISTRATION FEES

SCHEDULE-TUESDAYS AND THURSDAYS 16:05-17:00

REGISTRATION- 35€

TERM-135€ (45€/MONTH)

# Observational drawing and mural design

MYP/DP

The intention of this extracurricular is to learn how to draw things in life and design murals around the school, depending on the size of the group and the age group they will be done with spray or paint. It will be good practice for all students who like art and for those who intend to do Visual Arts in DP.

PARTNER/TEACHER- MISS RAQUEL

PLACE- SCHOOL

EQUIPMENT/MATERIAL- CLASSROOM SUPPORT MATERIALS WILL BE INCLUDED IN THE REGISTRATION FEES

SCHEDULE- MONDAYS AND WEDNESDAYS FROM 16:05-17:00

REGISTRATION-35€

TERM-150€ (50€/MONTH)





Art

Languages

Tech

Sports

Personal Development

Attention To Diversity

Parents



ENGLISH

FRENCH

GERMAN

# English

MYP/DP

The extracurricular English activities are mainly aimed at students who want to take the official Cambridge exams. The content of the classes is specific to successfully pass the exams and is adapted to the level of each student.



PARTNER/TEACHER- MISS OLGA

PLACE- SCHOOL

SCHEDULE- **B2 LEVEL** - WEDNESDAY FROM 16:05-18:00 / **C1 LEVEL** - THURSDAY FROM 16:05-18:00

REGISTRATION-15€

TERM-**B2 LEVEL**- 240€ (80€/MONTH) / **C1 LEVEL** - 255€ (85€/MONTH)

# French

MYP2-MYP5/DP

The extra-curricular French activities are mainly aimed at students who wish to obtain the official Alliance Française diplomas. The content of the classes is specific to successfully pass the exams and is adapted to the level of each student (for students in 1st ESO: the class will be for reinforcement and not to prepare for the exam).

PARTNER/TEACHER- MISS ELISA

PLACE- SCHOOL

SCHEDULE- **A1**- MONDAYS FROM 16:05-18:00 / **A2** -WEDNESDAYS FROM 16:05-18:00 / **B2** - THURSDAYS FROM 16:05-18:00 / **B1** FRIDAYS FROM 16:05-18:00

REGISTRATION- 15€

TERM-255€ (85€/MONTH)



# German

## PYP2-PYP8/MYP/DP

They are mainly aimed at students who want to obtain the official Goethe certificates. The content of the classes is specifically designed to help you pass the exams and is adapted to the level of each student.

PARTNER/TEACHER- MISS VERÓNICA

PLACE- SCHOOL

SCHEDULE-**PYP1-PYP3**- WEDNESDAY FROM 16:05-17:00 / **PYP4-PYP8** THURSDAYS FROM 16:05-17:00 / **MYP AND DP** - TUESDAYS FROM 16:05-18:00

TERM- **PYP1-PYP8**- 120€ (40€/MONTH)/ **MYP Y DP**- 240€ (80€/MONTH)



Art

Languages

**Tech**

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Parents



ROBOTICS

PROGRAMMING



# Robotics

PYP4-PYP8/MYP1

Robots as a learning facilitator bringing together science, technology, engineering and mathematics. They encourage the imagination, awaken curiosity and help children to better understand how the world around them works.

The group dynamics designed by Rockbotic are based on teamwork, developing communication skills, the assumption of different roles, responsibility and analytical skills related to decision-making.

PARTNER/TEACHER- ROCKBOTIK

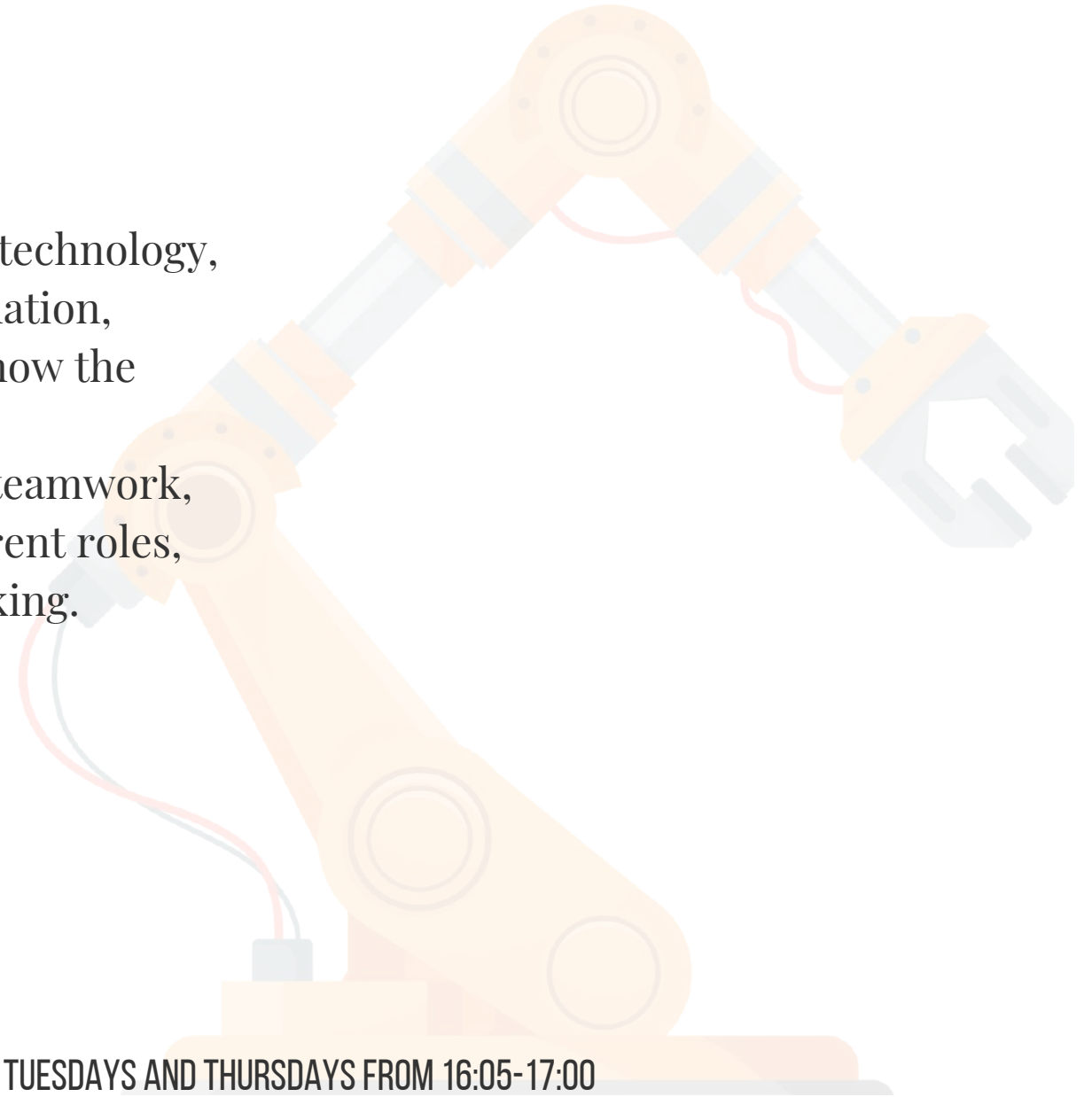
PLACE- SCHOOL

EQUIPMENT/MATERIAL- INCLUDED IN REGISTRATION

REGISTRATION- 38€

SCHEDULE-**PYP4-PYP6**- MONDAYS AND WEDNESDAYS FROM 16:05-17:00/ **PYP7-MYP1**- TUESDAYS AND THURSDAYS FROM 16:05-17:00

TERM-150€ (50€/MONTH)



# Programming

PYP4-PYP8/MYP

This year the groups will be divided into levels (basic and advanced). In the basic level, our students will learn the basic concepts of programming with the famous video game Roblox. This programming is based on working with the Roblox Studio programme where we will use a simple interface where we will encourage this knowledge through computer code commands adapted to this age group using the Lua language, which is ideal for this age group. With this programme you can create your own characters or use the characteristic characters of the famous videogame so that the students themselves can create their own personalised animations and videogames. At the advanced level, they will learn how to make more complex games, design fun levels, create 3D characters and make cool animations. They will also discover how to make their games work better and how to add features to enhance their projects.

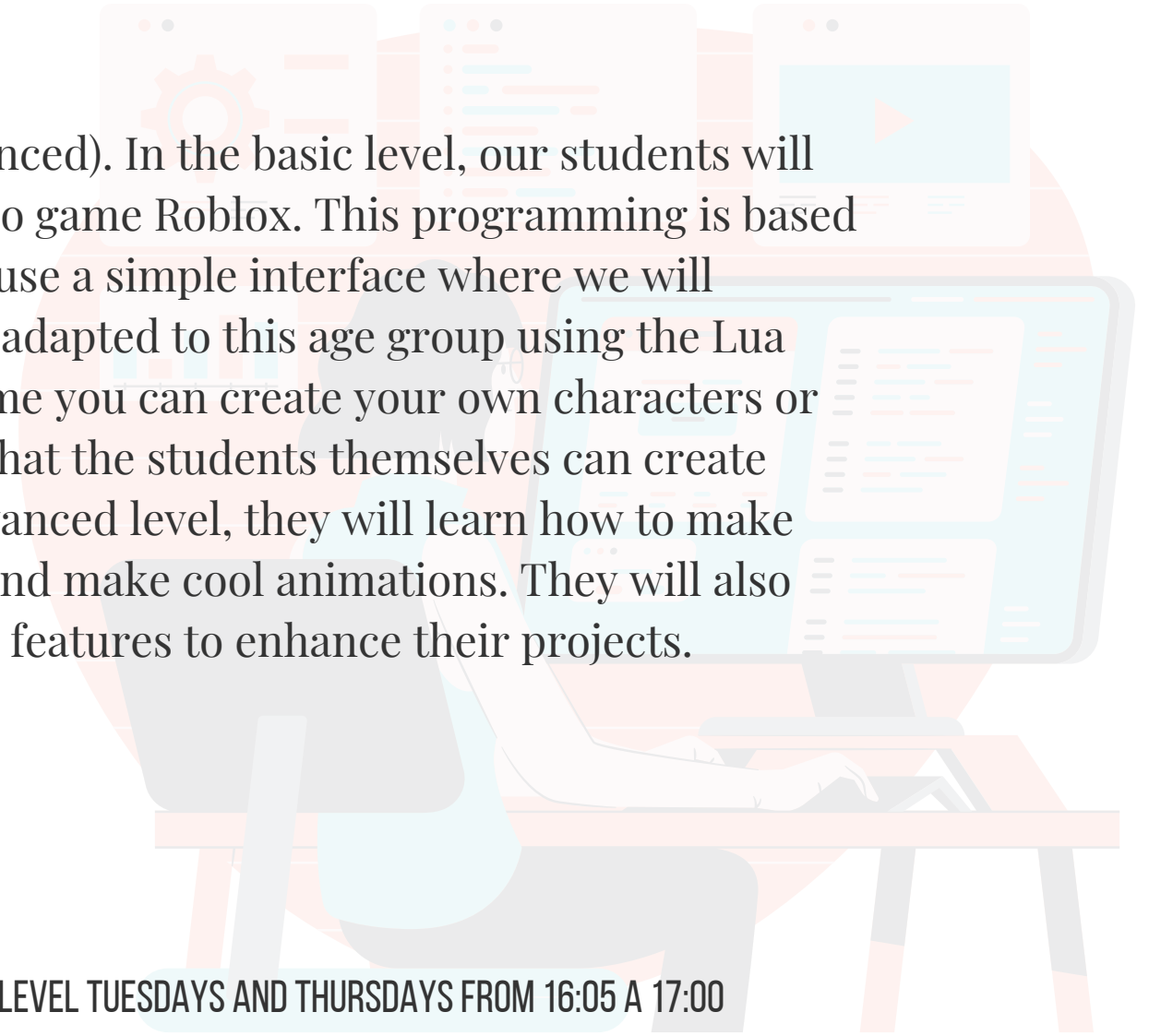
PARTNER/TEACHER- MR. JULIO (EDUCAGAMER)

PLACE- SCHOOL

EQUIPMENT/MATERIAL- TABLET/LAPTOP

SCHEDULE-STARTING LEVEL- MONDAYS AND WEDNESDAYS FROM 16:05 A 17:00 // ADVANCED LEVEL TUESDAYS AND THURSDAYS FROM 16:05 A 17:00

TERM-240€ (80€/MES)



Art

Languages

Tech

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[FOOTBALL](#)

[BASKETBALL](#)

[JUDO](#)

[RHYTHMIC GYMNASTICS](#)

[PADDLE SURF](#)

[AQUATIC MULTIADVENTURE](#)

[PSYCHOMOTRICITY](#)

[SHOWDANCE AND ACROBATICS](#)

[PADDLE TENNIS](#)

# Football

PYP2-PYP8/MYP/DP

The aim is to learn the techniques and tactics related to this sport, they will be able to learn the intrinsic sporting values of football and team sports, such as companionship, effort, respect and teamwork. This year, as a novelty, we will start participating in municipal competitions. Will you join the team?

PARTNER/TEACHER- MR. VICENTE / MR. PABLO

PLACE- SCHOOL

EQUIPMENT/MATERIAL- SPORTS UNIFORM

SCHEDULE-**PYP2-PYP5** - MONDAYS AND WEDNESDAYS FROM 16:05 A 17:00 / **PYP6-PYP8** - TUESDAYS AND THURSDAYS FROM 16:05 A 17:00 / **MYP1-DP2** - MONDAYS FROM 16H05-18H00

TERM-**PYP2-PYP8**-156€ (52€/MONTH) / **MYP1 -DP2**- 162€ (54€/MONTH)



# Basketball

PYP3-PYP8/MYP/DP

Basketball classes where students improve their reflexes, agility and physical endurance, as well as teamwork. It is a sport that promotes good coexistence, respect among classmates and friendships. This year, we will participate again in the municipal sports games.

PARTNER/TEACHER- MR. MIGUEL/ MR. SERGIO

PLACE- SCHOOL

EQUIPMENT/MATERIAL- SPORTS UNIFORM

SCHEDULE-**PYP3-PYP5** -TUESDAYS AND THURSDAYS FROM 16:05-17:00 / **PYP6-PYP8** -MONDAYS AND WEDNESDAYS FROM 16:05-17:00 / **MYP1-DP2**-WEDNESDAYS FROM 16:05-18:00

TERM- 150€ (50€/MONTH)



# Judo

PYP2-PYP8

Martial art classes where students learn about their bodies, develop their self-esteem, self-control and improve their psychomotor skills.

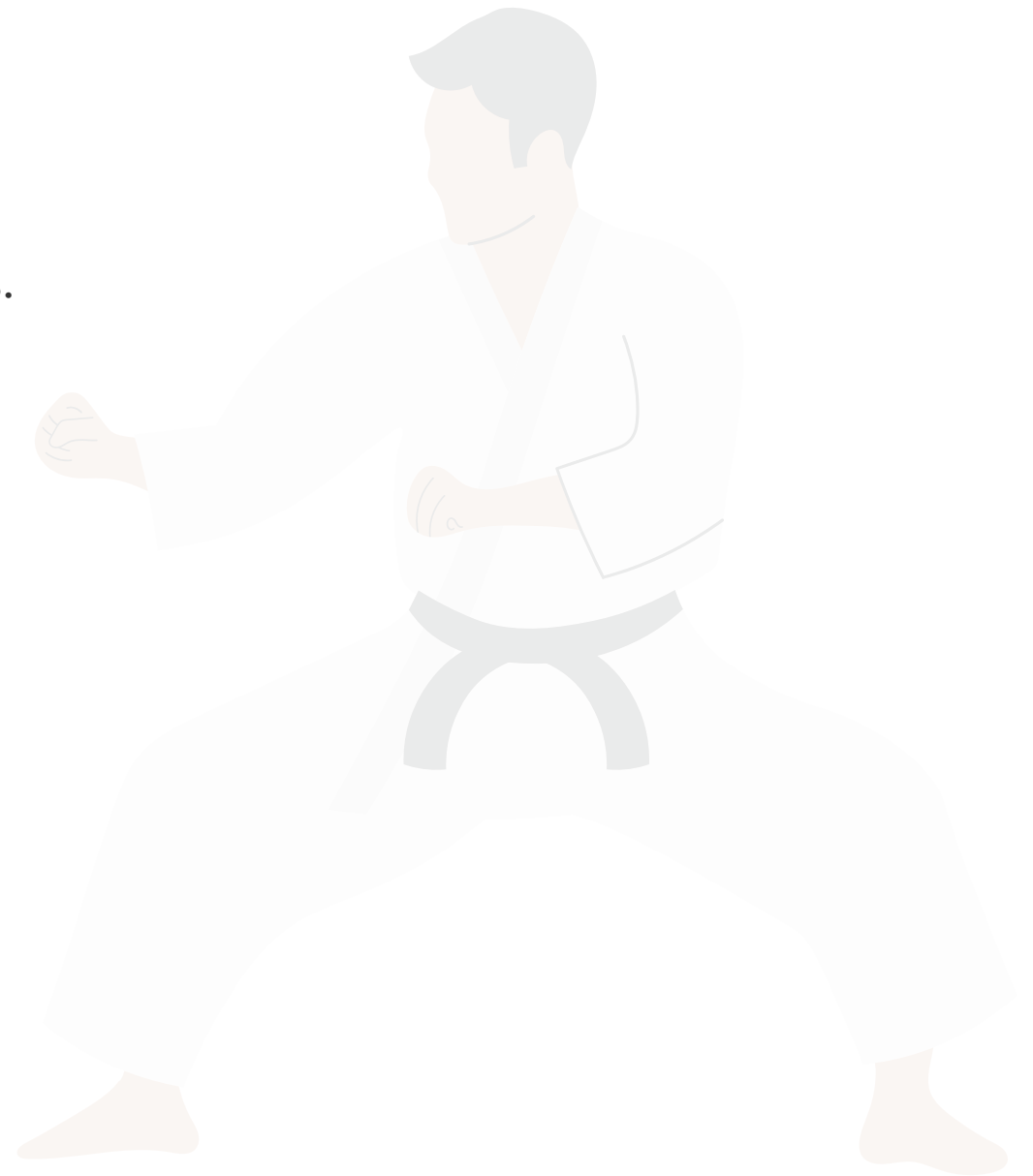
PARTNER/TEACHER- MR. JUANMA

PLACE- SCHOOL

EQUIPMENT/MATERIAL- JUDO'S KIMONO

SCHEDULE- TUESDAYS AND THURSDAYS FROM 16:05-17:00

TERM-180€ (60€/MONTH)



# Rhythmic gymnastics

PYP2-PYP8

It is a discipline that combines elements of ballet, gymnastics and dance, as well as the use of various apparatus such as rope, hoop, ball, clubs and ribbon. It develops skills such as flexibility, power, strength, dexterity and endurance.

**PARTNER/TEACHER- MISS MAGDALENA**

**PLACE- SCHOOL**

**EQUIPMENT/MATERIAL- GIMNASTIC'S UNIFORM**

**SCHEDULE- TUESDAYS AND THURSDAYS FROM 16:05-17:00**

**TERM-180€ (60€/MONTH)**





# Paddle surf

PYP6-PYP8/MYP/DP

This activity helps children's muscle development, improves concentration, psychomotor development due to the practice of coordination and helps develop balance. Known for its versatility and ease of learning, Paddle Surf offers a unique experience in the water that combines balance, strength and fun.

One of the objectives of these classes will be to federate students in the future, so that they can also compete in this activity.

For this activity the transport to the Nautical Club will be included in the fee for the students.

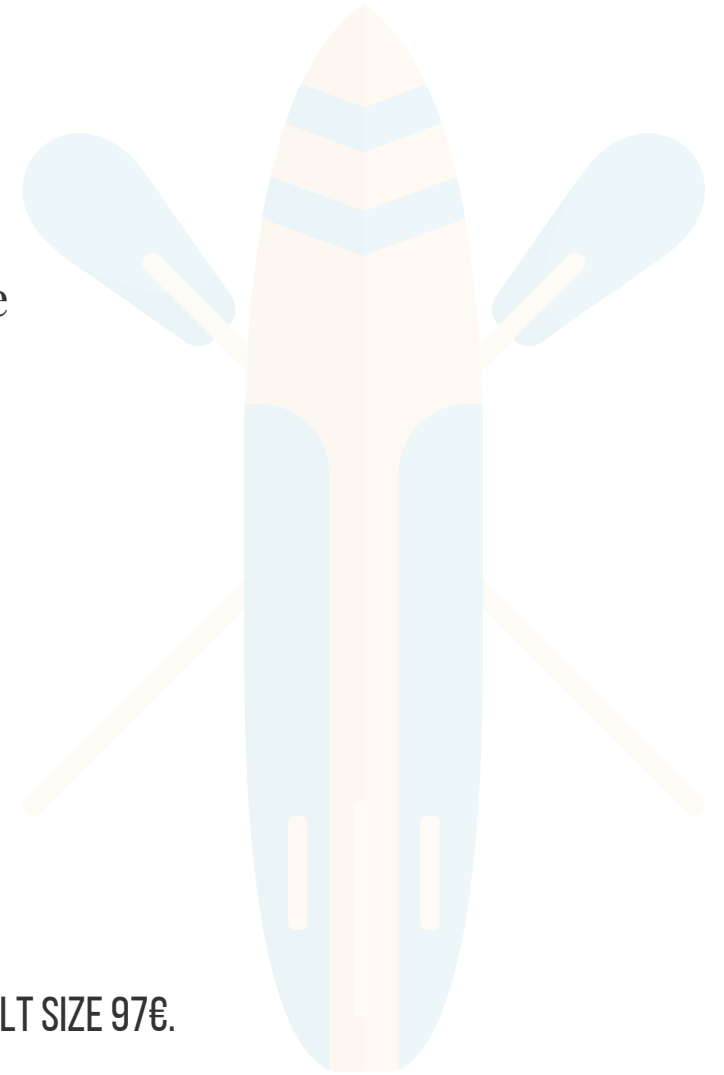
PARTNER/TEACHER- CLUB NÁUTICO FUENGIROLA

PLACE-CLUB NÁUTICO FUENGIROLA

EQUIPMENT/MATERIAL-NEOPRENE SUIT. FOR THOSE WHO NEED IT, THE CLUB SELLS NEOPRENE SUITS. JUNIOR SIZE 85€ / ADULT SIZE 97€.

SCHEDULE- WEDNESDAYS FROM 17:00-18:30

TERM- 267€ (89€/MONTH) -TRANSPORTATION TO THE ACTIVITY INCLUDED



# Aquatic multiadventure

PYP6-PYP8/MYP/DP

In this extracurricular activity our students will be able to learn various water sports such as Surfing, Paddle Surf, Windsurfing, Sailing and Water Polo and enjoy the many benefits that these activities can offer them. For this activity the transport to the Nautical Club will be included in the fee for the students.

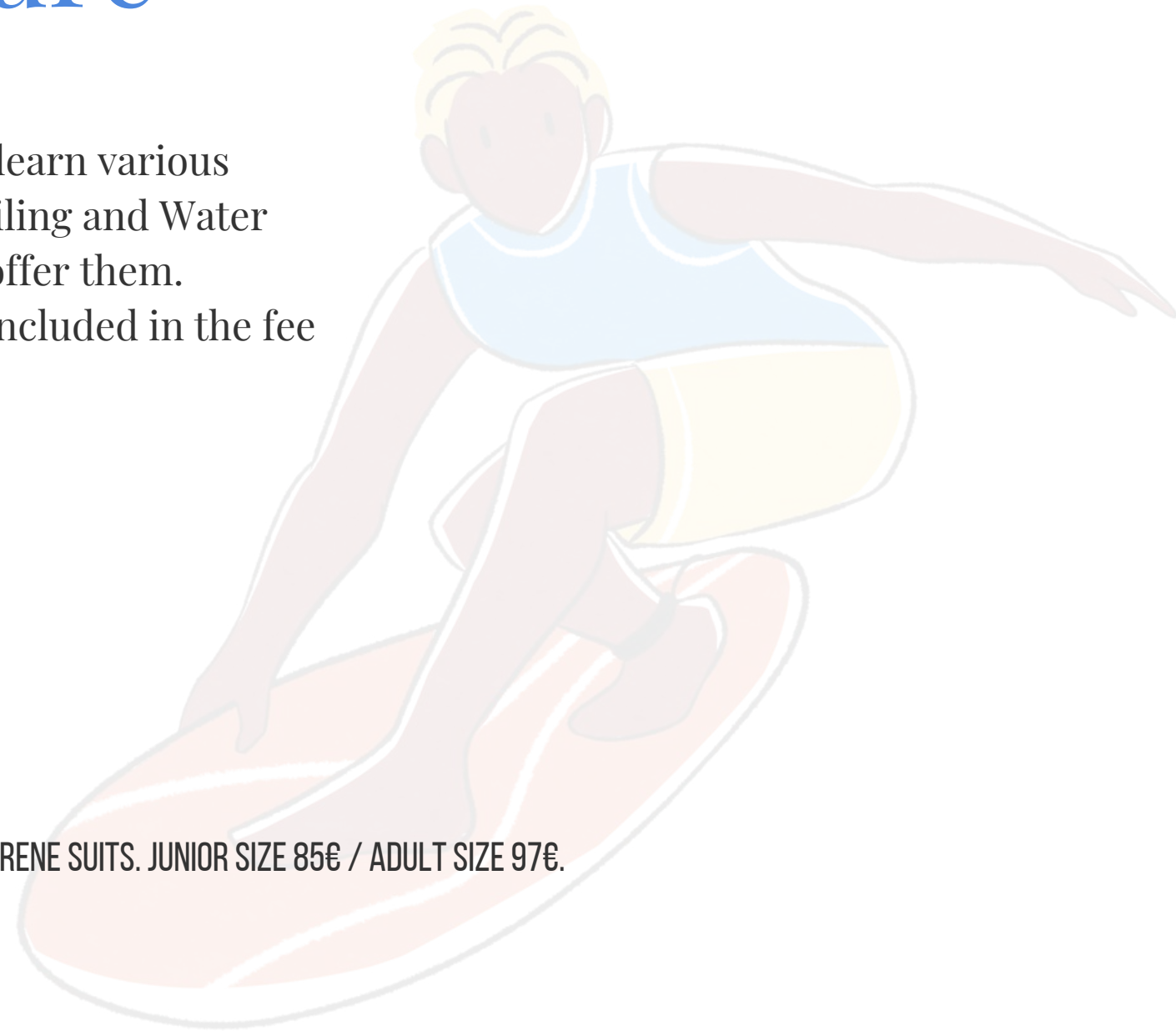
PARTNER/TEACHER- CLUB NÁUTICO FUENGIROLA

PLACE-CLUB NÁUTICO FUENGIROLA

EQUIPMENT/MATERIAL--NEOPRENE SUIT. FOR THOSE WHO NEED IT, THE CLUB SELLS NEOPRENE SUITS. JUNIOR SIZE 85€ / ADULT SIZE 97€.

SCHEDULE- FRIDAYS FROM 17:00-18:00

TERM- 240€ (80€/MONTH) -TRANSPORTATION TO THE ACTIVITY INCLUDED



# Psychomotricity

PYP<sub>1</sub>-PYP<sub>3</sub>

Through games, movements with rhythms, dances and circuits we strengthen and reinforce children's psychomotor skills. It helps them to acquire basic motor patterns to lay the foundation for future sporting learning.

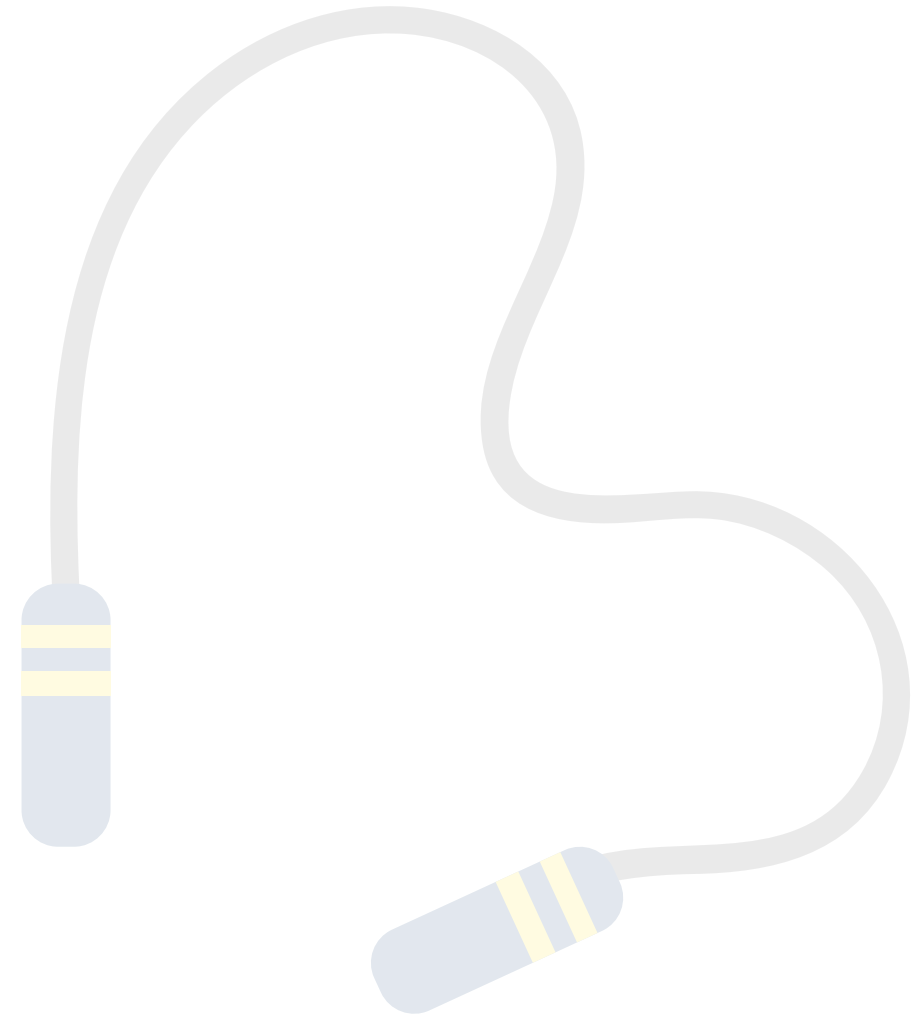
PARTNER/TEACHER- MISS CASSANDRA

PLACE SCHOOL

EQUIPMENT/MATERIAL- SPORTS UNIFORM

SCHEDULE- TUESDAYS AND THURSDAYS FROM 16:05-17:00

TERM-135€ (45€/MONTH)



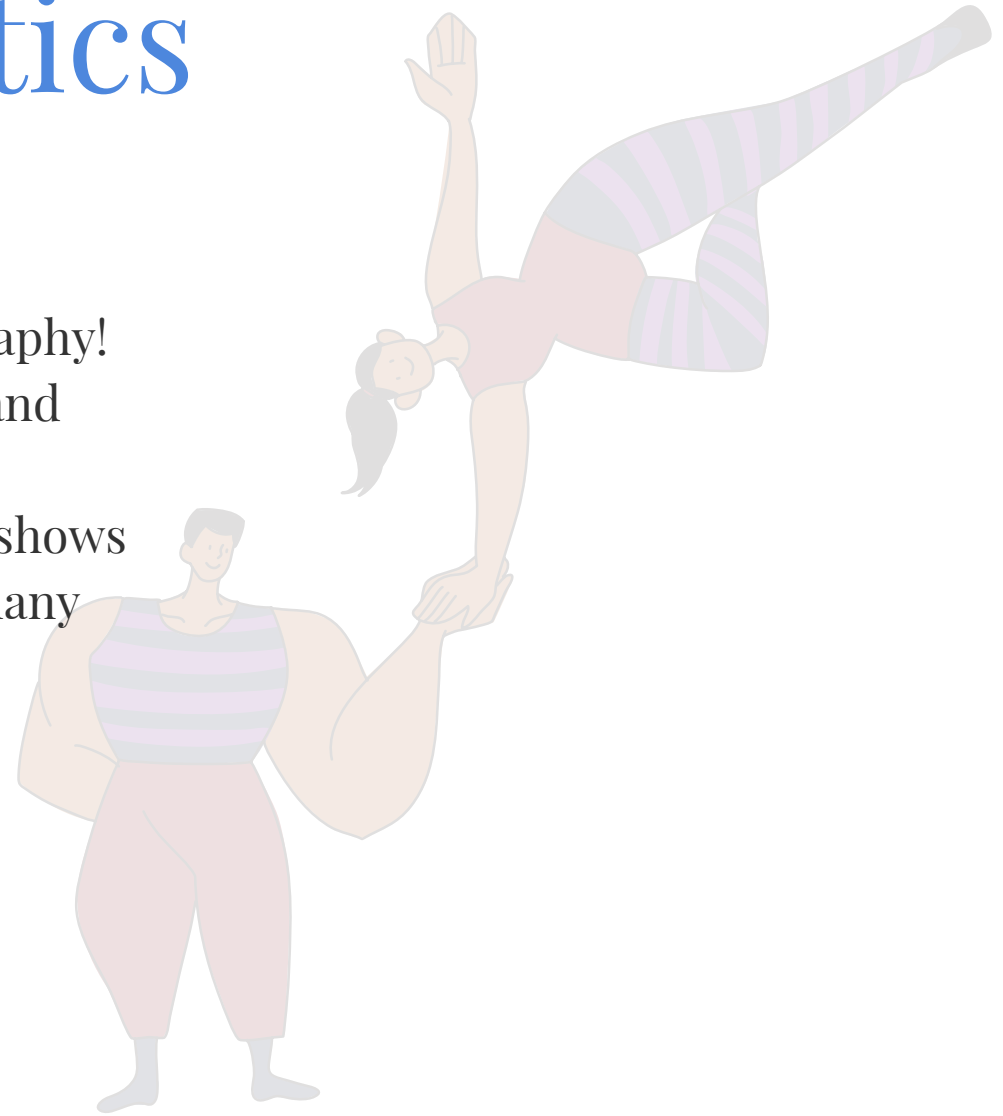
# Showdance and Acrobatics

PYP<sub>4</sub>-PY<sub>8</sub>/MYP<sub>1</sub>

Welcome to the world of showdance. A mix of theatre, jazz and acrobatics, learn how to put together a spectacular dance choreography!

The award winning dance school I.T.S. will be offering showdance and acrobatics classes for 7-11 year olds once a week at CIT.

I.T.S. is a British dance academy whose students have appeared on shows such as 'Got Talent' and 'Tu Si Que Vales' in this form, along with many students who have gone on to become professionals.



**PARTNER/TEACHER- I.T.S. STUDIO**

**PLACE- SCHOOL**

**EQUIPMENT/MATERIAL- GIMNASTIC'S UNIFORM**

**SCHEDULE- FRIDAYS FROM 16:05-17:30**

**TERM- 195€ (65€/MONTH)**

# Paddle Tennis

PYP2-PYP8/MYP

Padel is a racket sport played mainly in pairs. It is accessible and adaptable to different ages and skill levels. The students will begin their padel journey with some adapted tools, from balls, rackets, nets to the sectors of the court and, little by little, the games will be introduced so that they can get to know the different bounces of the ball, their speeds, the bounces on the walls or on the fence, the different padel strokes, the recognition of the racket as a tool to hit the ball, etc.

Padel in schools offers numerous benefits that go beyond the simple learning of a sport. The practice of paddle tennis contributes to the physical, social and emotional development of children, promoting values such as respect, cooperation and discipline. For this activity the transport to La Finca Club de Pádel will be included in the fee for the students.

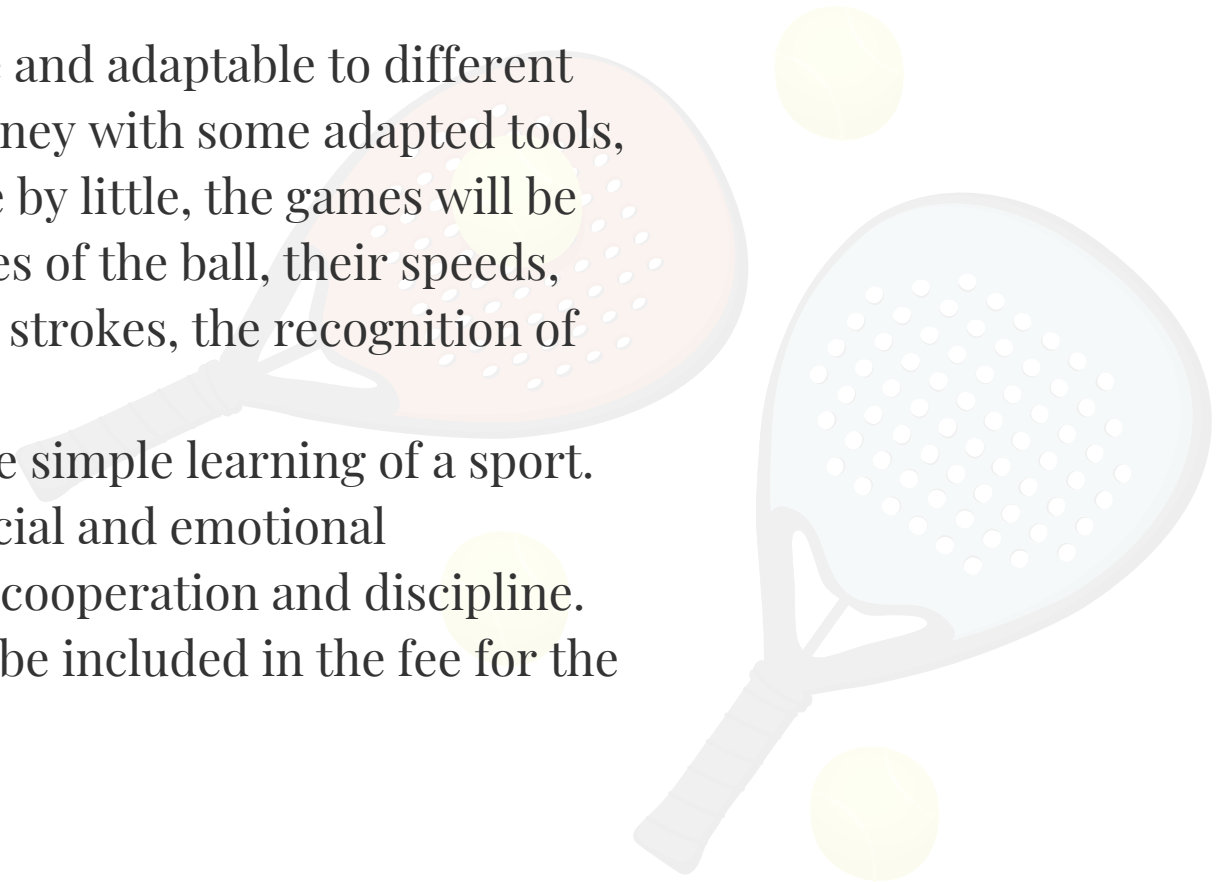
**PARTNER/ TEACHER- LA FINCA CLUB PÁDEL**

**PLACE- LA FINCA CLUB PÁDEL**

**EQUIPMENT/MATERIAL- SPORTS UNIFORM**

**SCHEDULE- MONDAYS AND WEDNESDAYS FROM 16:15- 17:45**

**TERM-318€ (106/MONTH)- TRANSPORTATION TO THE ACTIVITY INCLUDED**



Art

Languages

Tech

Sports

**Personal Development**

Attention To Diversity

Parents



[ALOHA](#)

[KITSUNE](#)

[CHESS](#)

[FUN SCIENCE](#)

[MATHEMATICS](#)

[SEWING AND HANDCRAFTS](#)

[COOKING AND NUTRITION](#)

[MBA KIDS](#)



# Aloha

PYP<sub>4</sub>-PYP<sub>8</sub>/MYP<sub>1</sub>

The Aloha programme, as well as contributing to children's brain development (concentration, visualisation, photographic memory, etc.), helps them to develop their maths skills from the very beginning. It uses the abacus as a fundamental working element.

PARTNER/TEACHER- ALOHA SPAIN

PLACE- SCHOOL

EQUIPMENT/MATERIAL- THE NECESSARY MATERIAL IS INCLUDED IN THE REGISTRATION FEE

SCHEDULE- MONDAYS AND WEDNESDAYS FROM 16:05-17:00

REGISTRATION-39,95€ (NEW STUDENTS) Y 15€ (FORMER STUDENTS)

TERM- 186€ (62€/MONTH)



# Kitsune

PYP<sub>1</sub>-PYP<sub>3</sub>

At Kitsune, mathematics ceases to be something abstract and is transformed into manipulative materials that can be touched, turned, superimposed, joined, separated and, in short, understood. The result: Kitsune students become familiar with numbers and fall in love with Mathematics.

PARTNER/TEACHER- ALOHA SPAIN

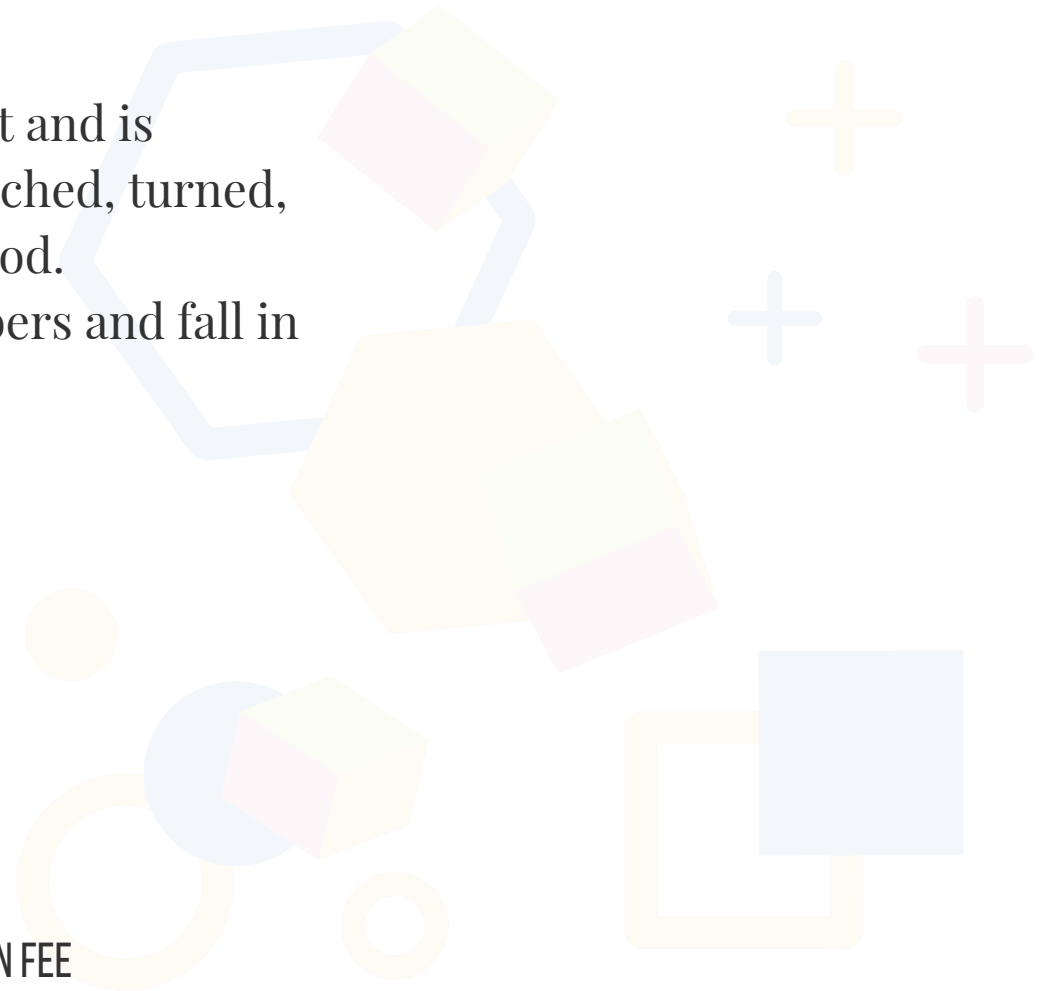
PLACE- SCHOOL

EQUIPMENT/MATERIAL- THE NECESSARY MATERIAL IS INCLUDED IN THE REGISTRATION FEE

SCHEDULE- TUESDAYS AND THURSDAYS FROM 16:05-17:00

REGISTRATION-39,95€

TERM-180€ (60€/MONTH)



# Chess

PYP4-PYP8 / MYP1

Chess strategies will be worked on using a dynamic methodology promoting the development of different cognitive skills: concentration, self-improvement, perseverance, decision making, strategies, etc. Each student's fee includes a live virtual Masterclass, available at various times, every Friday.

PARTNER/TEACHER- CHESSATTITUDE

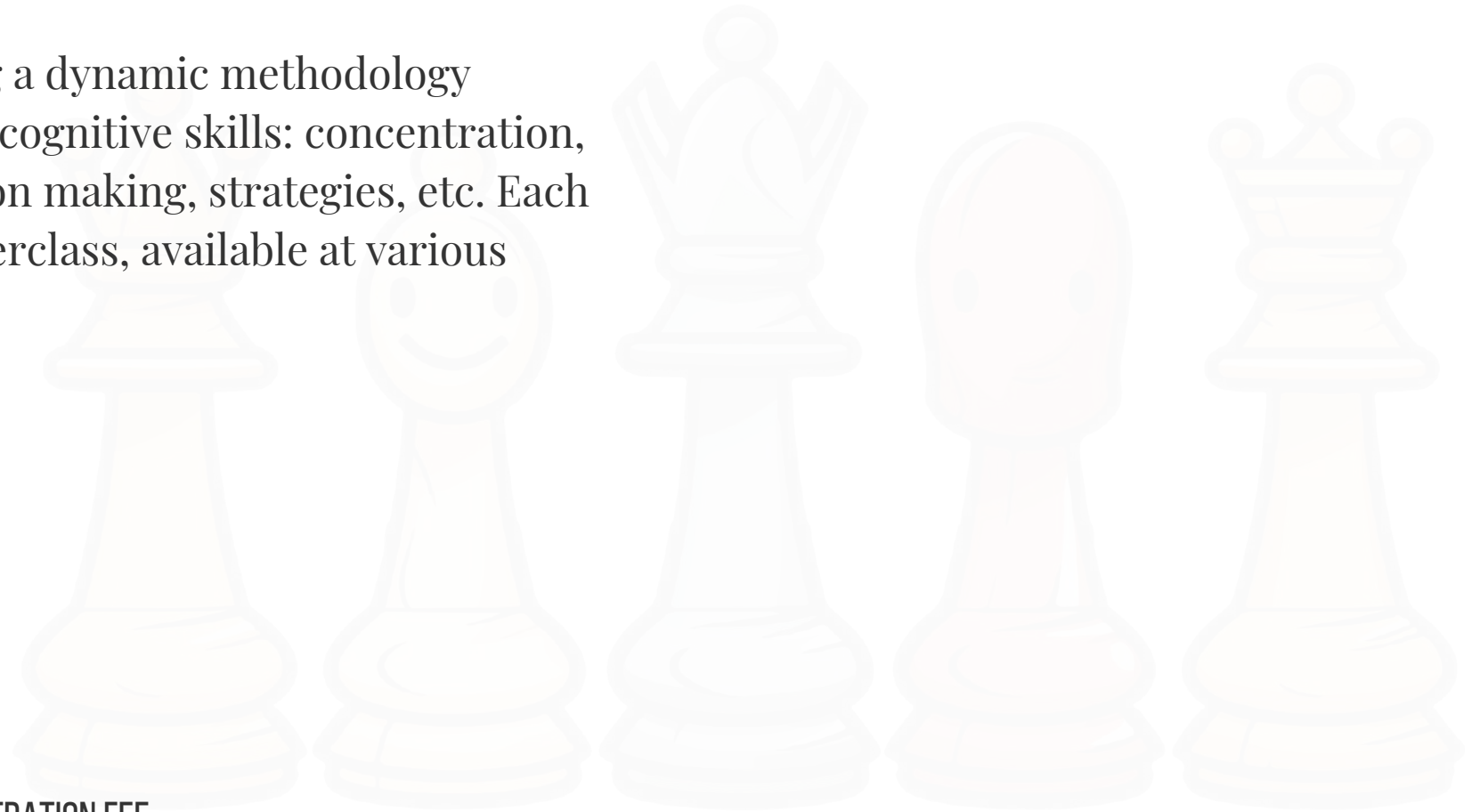
PLACE-SCHOOL

EQUIPMENT/MATERIAL- CHESS BOARD INCLUDED IN THE REGISTRATION FEE

SCHEDULE-MONDAYS AND WEDNESDAYS FROM 16:05-17:00

REGISTRATION-35€

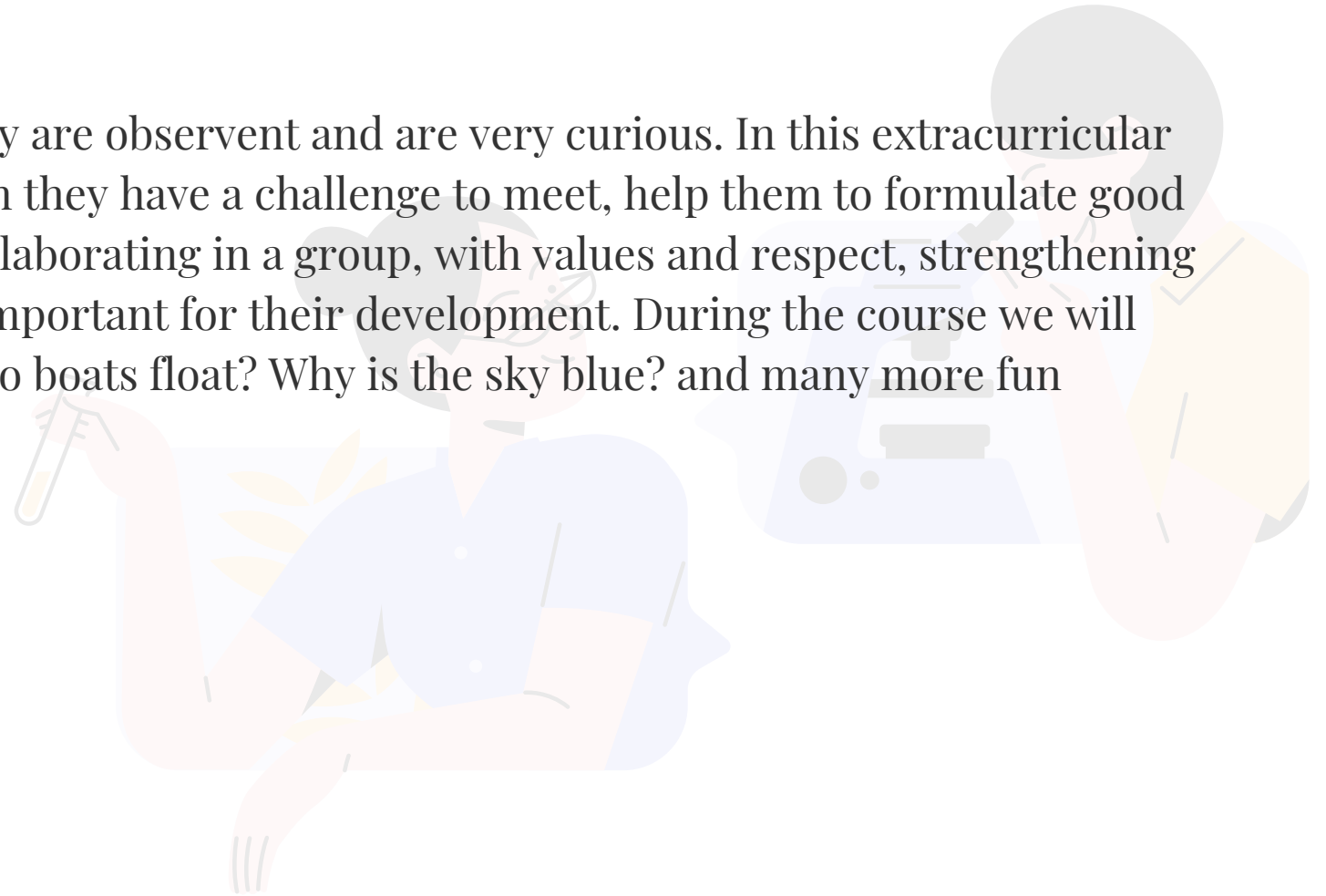
TERM- 195€ (65€/MONTH)



# Fun Science

PYP4-PYP8

Our children are already scientists from birth, they are observant and are very curious. In this extracurricular activity we will motivate them, support them when they have a challenge to meet, help them to formulate good questions and let them carry out their projects collaborating in a group, with values and respect, strengthening many personal and academic skills that are very important for their development. During the course we will address topics such as... Why do planes fly? Why do boats float? Why is the sky blue? and many more fun curiosities!



PARTNER/TEACHER- PLANETA EXPLORA

PLACE- SCHOOL LABS

SCHEDULE- **PYP2 Y PYP3** MONDAY AND WEDNESDAY FROM 16:05 A 17:00 / **PYP4-PYP8** -TUESDAY AND THURSDAY DE 16:05 A 17:00

TERM-135€ (45€/MONTH)

# Mathematics

MYP/DP

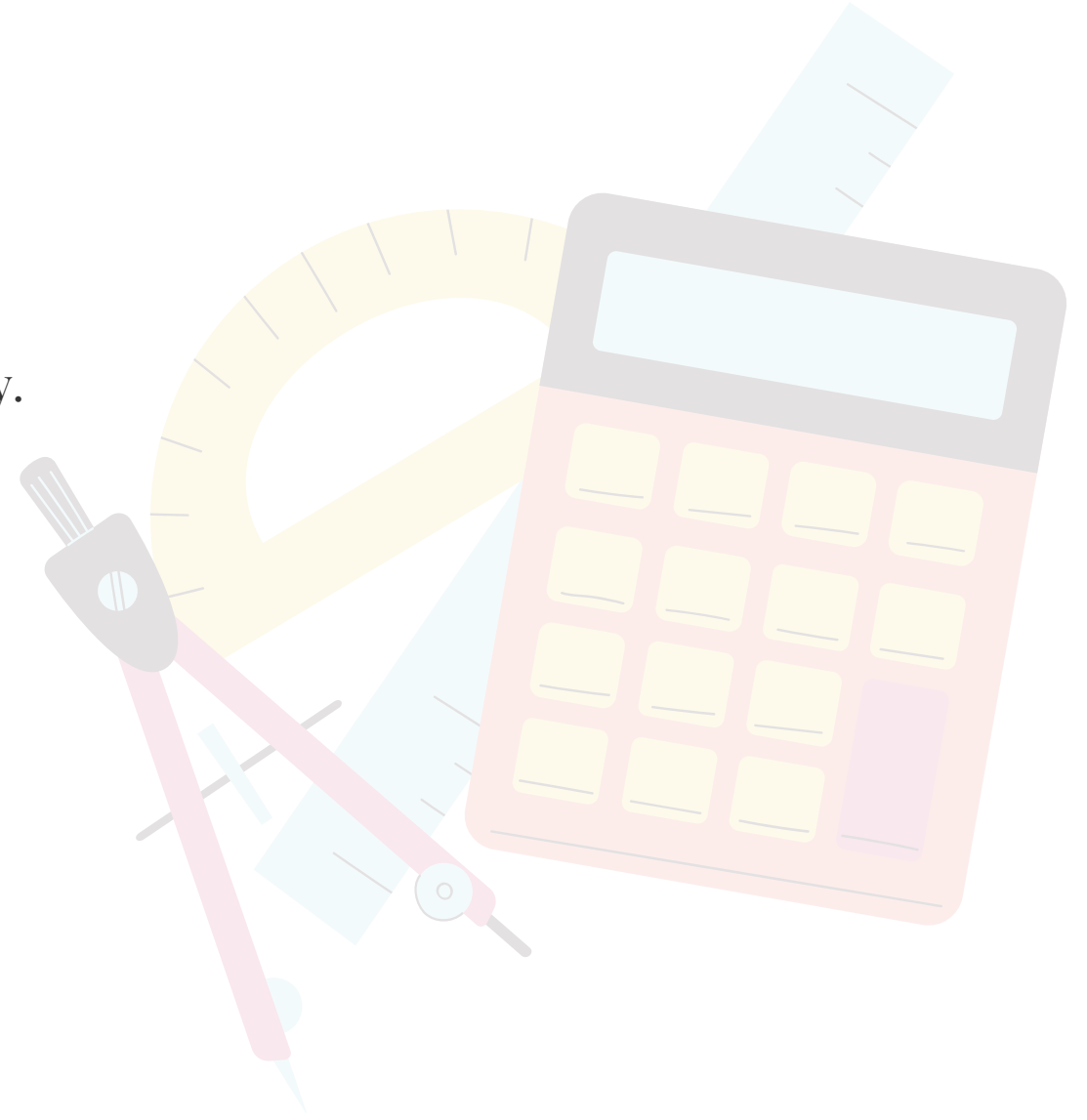
To reinforce the contents given in class by the students. To improve the assimilation of the subject by solving activities that require mathematical reasoning. To train students to face written tests, optimise their preparation time and improve their personal efficiency. To introduce the prior knowledge necessary for the International Baccalaureate.

PARTNER/TEACHER- MR. SIEIRO

PLACE- SCHOOL

SCHEDULE- THURSDAYS FROM 16:05-18:00

TERM-240€ (80€/MONTH)



# Cooking and nutrition

PYP4-PYP8

Students learn about basic nutrition and food concepts while cooking healthy recipes. They will learn cooking techniques, the correct handling of food and how to eat healthily (nutritional education).

PARTNER/TEACHER- GESPROSALUD

PLACE-SCHOOL

SCHEDULE-**PYP4-PYP6**- MONDAYS AND WEDNESDAYS FROM 16:05-17:00 // **PYP7-PYP8 AND MYP1** - TUESDAYS AND THURSDAYS FROM 16:05-17:00

TERM-231€ (77€/MONTH)





# Sewing and handicraft

PYP4-PYP8/MYP/DP

Children's handicrafts develop their concentration, patience and problem-solving skills, as well as stimulating their creativity and critical thinking.

In this activity we will make handicrafts from:

- Hand sewing
- Machine sewing
- Introduction to crochet
- Felt crafts
- Initiation in Scrap
- Crafts with Eva

All of them adapted to the age and ability of the child.

PARTNER/TEACHER- MISS INMA

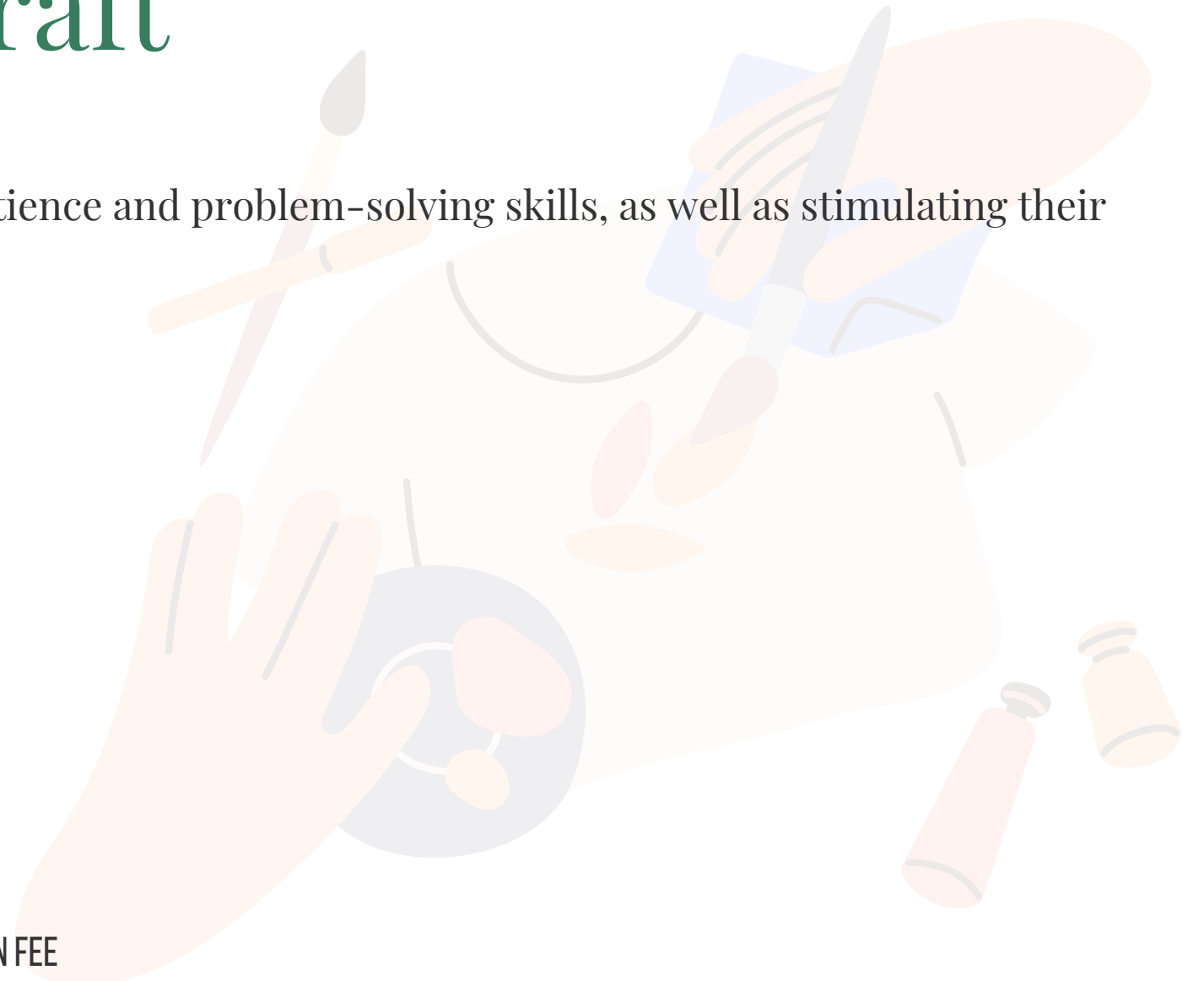
PLACE-SCHOOL

EQUIPMENT/MATERIAL- ALL NECESSARY MATERIAL INCLUDED IN THE REGISTRATION FEE

SCHEDULE-PYP4-PYP8 - TUESDAYS AND THURSDAYS FROM 16:05 -17:00 / MYP1-MYP5 AND DP - MONDAYS AND WEDNESDAYS FROM 16:05-17:00

REGISTRATION-20€

TERM-150€ (50€/MONTH)



# MBA Kids

PYP4-PYP8/MYP1

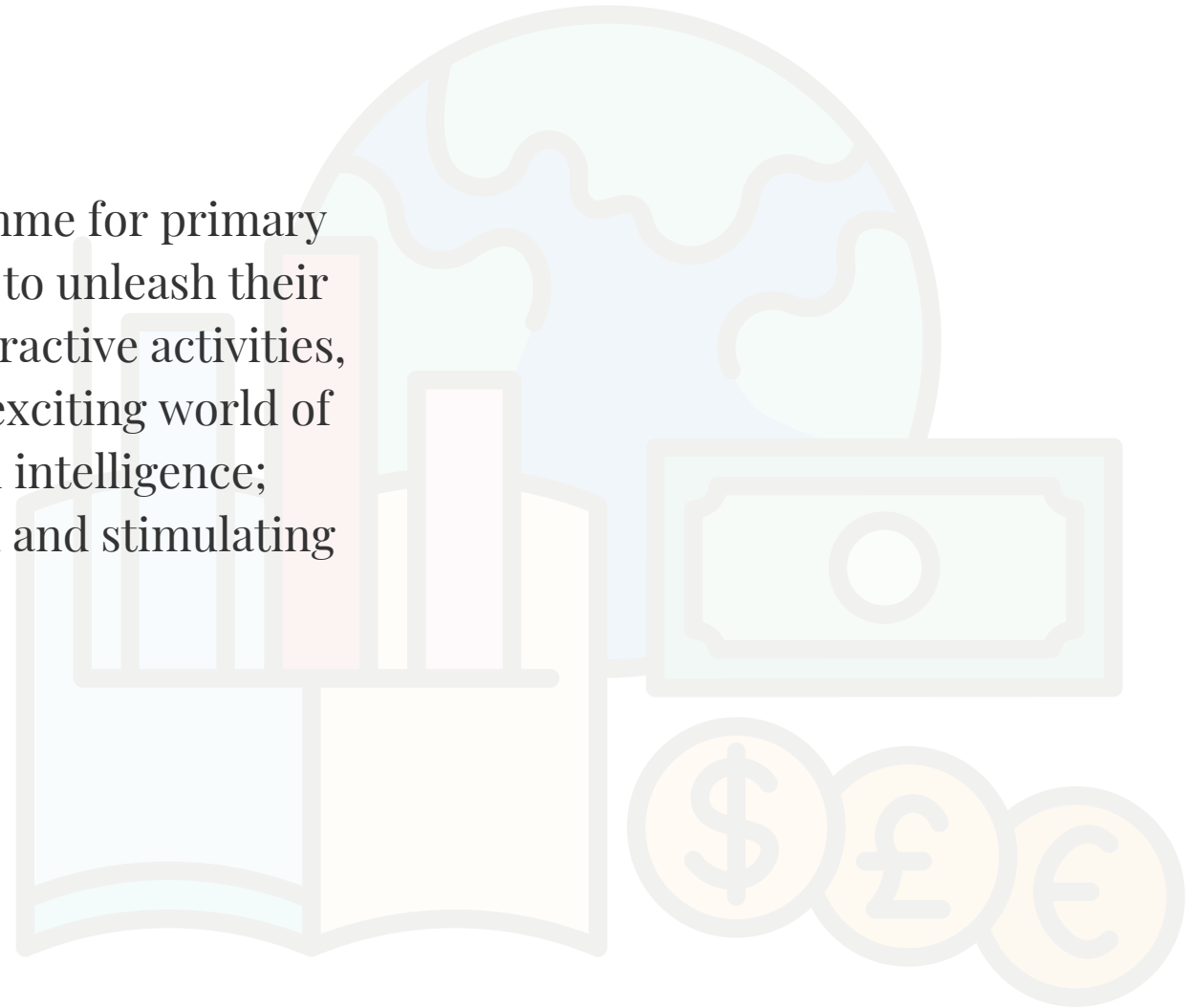
MBA Kids is an innovative extracurricular programme for primary school children, from PYP4 to MYP1. It is designed to unleash their entrepreneurial potential. Through a series of interactive activities, games and projects, students will learn about the exciting world of entrepreneurship, financial literacy and emotional intelligence; respectively in each term of the course; all in a fun and stimulating environment.

PARTNER/TEACHER- MBA KIDS

PLACE-SCHOOL

SCHEDULE-PYP4-PYP6 - MONDAYS AND WEDNESDAYS FROM 16:05-17:00 / PYP7,PYP8,MYP1 - TUESDAYS AND THURSDAYS FROM 16:05 -17:00

TERM-195€ (65€/MONTH)



Art

Languages

Tech

Sports

Personal Development

**Attention To Diversity**

Parents



SUPPORT CLASSES

PSYCHOLOGIST, SPEECH THERAPIST AND THERAPIST

# Support classes

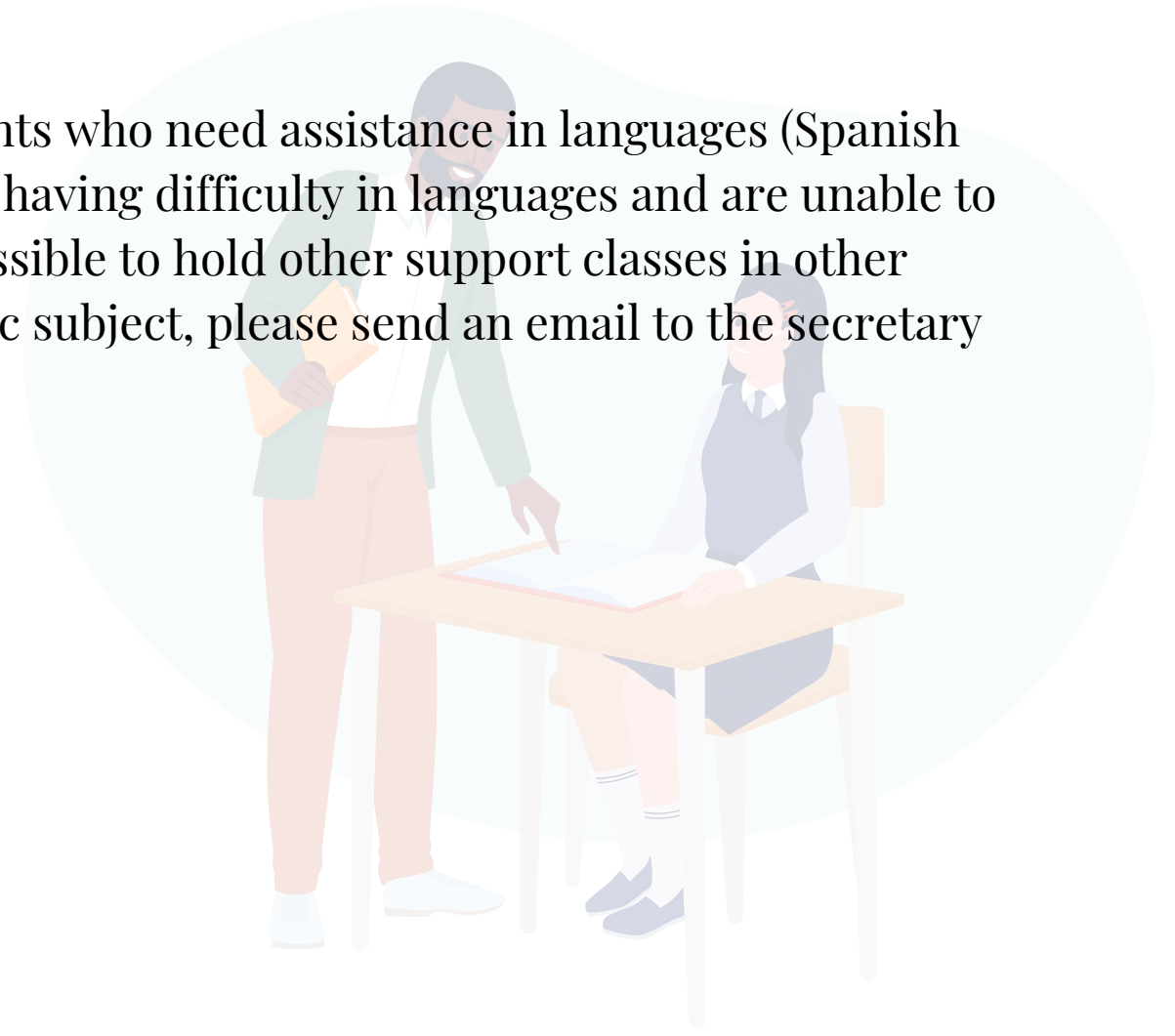
PYP4-PYP8/MYP/DP

This year at CIT we will have reinforcement classes for all students who need assistance in languages (Spanish and English). These classes will be aimed at all students who are having difficulty in languages and are unable to make progress in their classes due to this difficulty. It will be possible to hold other support classes in other subjects. Families who are interested in these classes in a specific subject, please send an email to the secretary requesting this support and the corresponding subject.

PARTNER/TEACHER- CIT TEACHERS

PLACE-SCHOOL

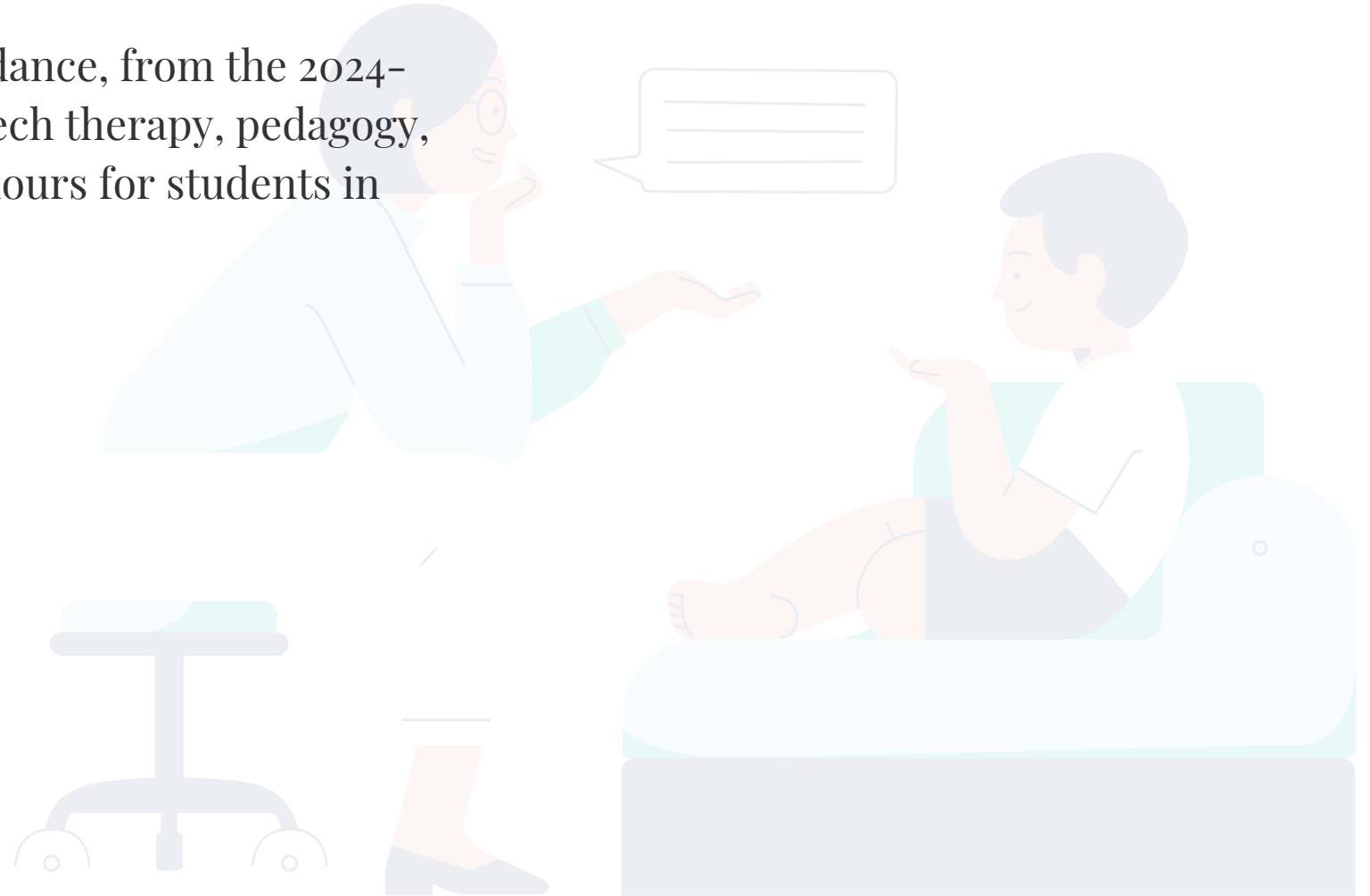
EQUIPMENT/MATERIAL- PROVIDED BY SCHOOL



# Psychologist, speech therapist and therapist

## All students

To support diversity and provide effective guidance, from the 2024-2025 school year, transdisciplinary teams (speech therapy, pedagogy, psychology, etc.) will be offered from 16 to 18 hours for students in need of support.



PARTNER / TEACHER - TRANSDISCIPLINARY TEAM

PLACE-SCHOOL

Art

Languages

Tech

Sports

Personal Development

Attention To Diversity

**Parents**



[ENGLISH](#)

[SPANISH](#)

[FUNCTIONAL TRAINING](#)

[FOOTBALL](#)

[VOLLEY](#)

[FLAMENCO](#)

[FAMILY SUNDAYS](#)



# English

## Parents

The classes are aimed at families who wish to improve their communication skills in English, accelerate their professional career or obtain official qualifications.



PARTNER / TEACHER - CIT TEACHERS

PLACE-SCHOOL

SCHEDULE- FRIDAYS 16H05-17H00

TERM-135€ (45€/MONTH)

# Spanish

## Parents

The classes are aimed at international families who wish to improve their communication skills in the Spanish language.

PARTNER / TEACHER -CIT TEACHERS

PLACE-SCHOOL

SCHEDULE-FRIDAYS 16H05-17H00

TERM-135€ (45€/MONTH)



# Volley

## Parents

We are pleased to inform you that we will be offering a class for parents who want to play volleyball. This option does not include a coach, but offers the possibility for all those families who want to play one hour a week to enjoy playing volleyball with other parents.

PLACE-SCHOOL

SCHEDULE-FRIDAYS FROM 16:00-17:00

TERM-30€



# Football

## Parents

We are pleased to inform you that we will be offering a class for parents who want to play football. This option does not include a coach, but offers the possibility for all those families who want to play one hour a week to enjoy playing football with other parents.

PLACE-SCHOOL

SCHEDULE-FRIDAYS FROM 16:00-17:00

TERM-30€



# Functional training

## Parents

This year at CIT parents will have the opportunity to do functional training classes before their children start their school day. Let's start the day with energy!

PARTNER / TEACHER - MR. JOSÉ

PLACE-SCHOOL

SCHEDULE-TUESDAYS AND THURSDAYS FROM 8:00-9:00

TERM-105€ (35€/MONTH)



# Flamenco

## Parents

For all parents who want to enjoy a very dynamic and fun Flamenco class, where they will learn to position the body, to develop their musical ear and to improve coordination through the use of accessories such as castanets, fans and shawls.

PARTNER / TEACHER - CARMEN LEÓN

PLACE-SCHOOL

SCHEDULE- FRIDAYS FROM 16:00-17:30

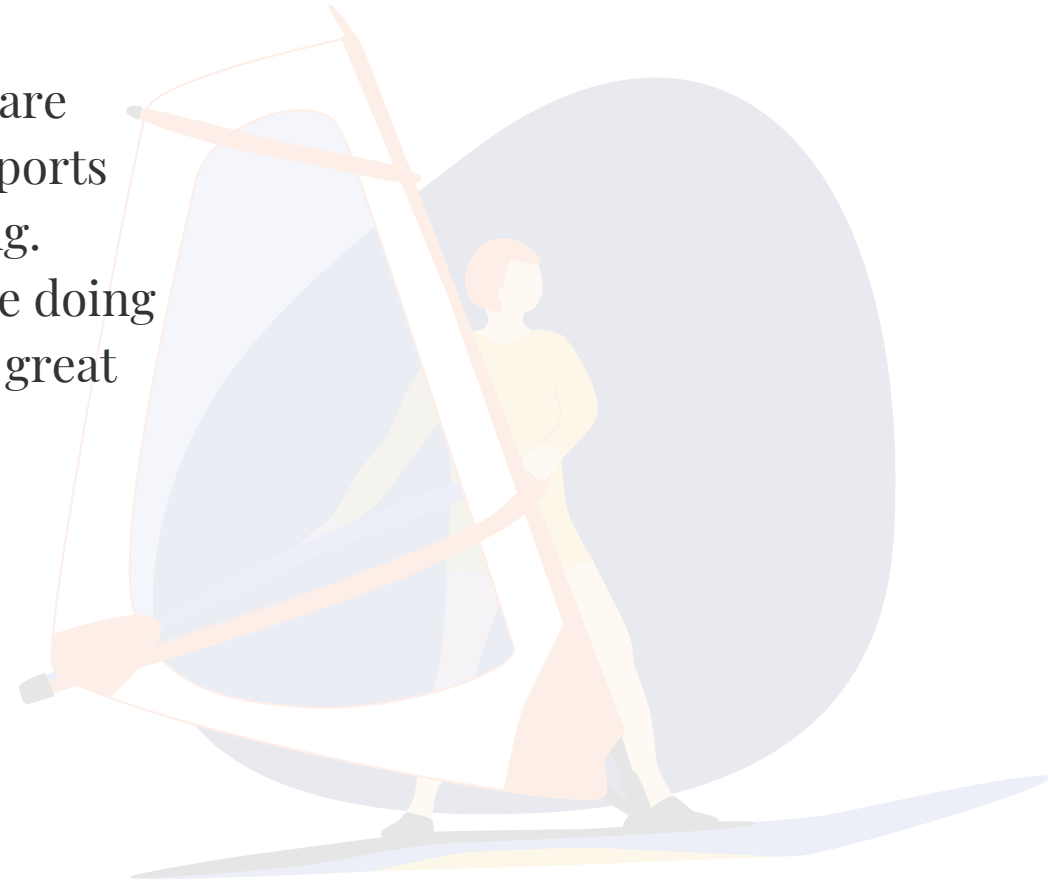
TERM-150€ (50€/MONTH)



# Family Sundays

## CIT families

Sunday mornings will be different from now on! These classes are designed for all CIT families to enjoy classes in various water sports such as surfing, paddle surf, water polo, windsurfing and sailing. In collaboration with the Club Náutico de Fuengirola, we will be doing these activities on the beach for all families, and we will have a great time!



PARTNER / TEACHER - LOLO (CLUB NÁUTICO FUENGIROLA)

PLACE-CLUB NÁUTICO FUENGIROLA

SCHEDULE- SUNDAYS FROM 11:00-12:00

TERM- 1 ADULT + 1 CHILD 228€ (76€/MONTH) / 1 ADULT + 2 CHILDREN: 297€ (99€/MONTH)/ 1 ADULT + 3 CHILDREN: 351€ (117€/MONTH)/ 2

ADULTS + 1 CHILD: 369€ (123€/MONTH)/ 2 ADULTS + 2 CHILDREN: 420€ (140€/MONTH) / 2 ADULTS + 3 CHILDREN: 456€(152€/MONTH)



# Our partners



# Timetables

[Timetable Infant School PYP1-PYP3](#) 

[Timetable Primary School PYP4-PYP8](#) 

[Timetable Secondary + Baccalaureate MYP1-DP2](#) 

[Timetable CIT Families](#) 

# CO-LEARNING

As in the previous year, the school will offer a 'Study Support' service from PYP4 from 16:00 to 17:00 from Monday to Thursday. This service will be free of charge for those families who request it from Monday to Thursday or who combine it with an extracurricular activity.



# Rules and Regulations

At CIT we offer extracurricular activities outside school hours subject to a minimum and maximum number of registrations. All activities have limited places and are allocated on a first-come, first-served basis.

Applications for after-school activities can only be made by filling in the forms. After this deadline, registrations will be closed and only activities with the minimum number of participants will be confirmed. Students who do not get a place in the activity will be contacted and will be able to choose another activity that is available.

New registrations can be made on a monthly basis from October onwards, by email ([info@colegiotorrequebrada.es](mailto:info@colegiotorrequebrada.es)), and will be analysed individually by the school. We guarantee a response within a maximum of 5 working days.

At the end of the course there will be open presentations/classes for each activity. These rules apply to all extracurricular activities in this presentation.

## Beginning of the activities

All extracurricular activities will start on Tuesday, 1st October.

# Registration

[Registration Form](#) 

Enrolment will be on a first-come, first-served basis until the maximum number of students per group is reached. A waiting list will be created for those students who have not been able to enter in this call.

# Payment

Payments for extracurricular activities will be made at the beginning of each term. Extracurricular activities are not compulsory activities and require an extra payment depending on the activity chosen and a commitment to attend during the term. If cancellation is requested during the term, no refunds will be made. Classes cancelled on school closure days, public holidays and holidays will not be replaced and do not entitle the student to a reduction in price.

# Contact

If you have any questions, please do not hesitate to contact us at [info@colegiotorrequebrada.es](mailto:info@colegiotorrequebrada.es).



COLEGIO INTERNACIONAL  
**TORREQUEBRADA**